

Feng Shui Notes
By Suzanne Metzger

2021 From a Feng Shui Perspective
and Seven Tips for a Prosperous & Happy Year

Being a Feng Shui professional and also an American, I pay attention to both the beginning of the calendar year and the Solar Chinese New Year, which begins this year on February 4th and is the year of the Metal Ox.

We have a big energy shift in store for us in 2021—starting toward the end of February and beginning of March. Astrologically we have recently completed a 200-year Cycle and we are slowly moving into a more expansive and inclusive period that will be less traditional and more innovative.

It's as if many of us have been in hibernation for the past year, incubating for the development of something new. Now, we're almost ready to spread our wings and fly. **That is, if you're ready to focus and apply yourself to what's important in your life.** Family and community are especially important to all of us this year.

Okay, now on with the new year! If you haven't done so already, begin listing your intentions and "To Dos" for 2021. Some might even be left over from 2020--or maybe you never even started! However, it's important to acknowledge them—maybe on a separate list which you ceremoniously burn or shred to complete 2020.

Place your new list in the Knowledge or Fame area of your home or a single room--or even in your closet. It's best to keep your list out of the sight of others, but where you can see it easily. *If you need information on the Bagua, which is the pattern of your home, a single room, and/or your land, go to my website which is FengShuiConsultingServices.net, & click on Feng Shui Basics.*

SEVEN TIPS FOR A HAPPY & PROSPEROUS YEAR

1. Before New Year's Day, clean and declutter your home as much as possible. Deep cleaning your home helps to clear away the past, releases stagnant energy, and creates space for more abundance and better health.

Start with the Bagua area that's related to your most pressing issue or any area that you're attracted to. Wherever you choose to begin, create as much

open space as possible. Your eyes, which are related to the Fame area and your future, should have space to roam. This encourages you to open up to more possibilities.

- **Toss or at least schedule to fix anything broken or that's no longer needed or used.**
- **Clean your stove.** Your stove is directly connected to your wealth, so make sure it's as clean as possible before the New Year.
- **Don't forget Mirrors & Windows.** Dirty windows will cause your future outlook to suffer.
- Weather permitting, **clean your car.**

If it's impossible to deep clean, at least either discard or move 9 or 27 things. This is a basic Feng Shui remedy that heals stagnant energy and will help you to move forward from 2020.

On New Year's Eve itself, put away all brooms, vacuums, and cleaning equipment. Sweeping or dusting should not be done on New Year's Day as it may sweep away good fortune.

2. Make sure all your lights are working. Replace burnt out light bulbs.

3. Throw away dead or dying flowers. Trim dead leaves and make sure all your houseplants are healthy and lush.

- **Place a healthy new plant in the Family area of your home or office.** This symbolizes a healthy beginning to the New Year.
- **Fresh flowers anywhere in your home bring in auspicious energy.**

4. Take a fresh look at the area around your front door both inside and outside. Your front door is the main mouth of chi. This is where energy and opportunity enter your home.

- **Add a wind chime** near the outside of your front door—or if you already have one, ring it. Be sure you love the sound and place it where it can ring freely to add movement and energy.
- **To increase your luck in the new year, place a good luck symbol or something that represents your most important goal here.** I suggest creating a personal symbol for whatever you wish to attract, although traditional symbols such as a fish for abundance or a dragon for power are appropriate.

5. Fill your pantry and refrigerator with food that you know you'll use. If you have canisters in the pantry or countertops, be sure to fill them too.

- **Toss or recycle to a food bank anything that you know you won't eat or use.**
- **On New Year's Day, enjoy plenty of good food. Include a variety of dishes. Be sure to have leftovers;** this symbolizes that you'll have money rolling in.
- **To symbolize an abundant, fruitful home, place a bowl of nine oranges in your living room or dining area.** Oranges represent money and wealth.

6. Buy and fill a new wallet or purse with money to energize your financial well-being

7. Finally, on New Year's Day, dress in "up-beat" clothing or new clothes. Red is especially good as it's bright and signifies a bright and happy future. Your appearance and attitude during New Year set the tone for the rest of the year.

Above all, have fun and celebrate!

Suzanne has been a student of Feng Shui since 1988, and has practiced professionally since 1997. She has also been an active full-time practitioner in the human potential field since 1979. As part of her Feng Shui work, she does EMF & geopathic stress analysis.